



Smoothie

Ingredients

1/2 fennel
1 large stalk of celery
1/4 lime
2 tsp Green Mix
Himalayan salt
black pepper
cayenne pepper
paprika
1 tsp vegetable stock

Fennel & celery

Bereiding

1. Place 1/2 fennel and 1 large stalk of celery in the juicer.
2. Add the juice of 1/2 lime to the vegetable juice.
3. Stir in 2 tsp Green Mix. Now add some Himalayan salt, black pepper, cayenne pepper and paprika to taste. If desired you can also add 1 tsp vegetable stock.

Hungry for more?

Find our delicious recipes on www.purasana.be or in our book **Become A Super Food Chef**.