



Smoothie

Ingredients

1/4 lime
1 cucumber
1 large stalk of celery
2 tsp Green Mix
Himalayan salt
cayenne pepper
paprika
black pepper
1 tsp vegetable stock

Cucumber

Preparation

1. Squeeze one lime quarter and place the juice in a blender together with 1 cucumber and 1 large stalk of celery.
2. Stir in 2 tsp Green Mix, Himalayan salt, cayenne pepper, paprika, black pepper and, if desired, 1 tsp vegetable stock.

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