purasana
your natural protection

6 p   15'   level 1

Coconut ice cream with strawberries

Preparation

1. Mix the coconut cream, water, frozen strawberries, coconut blossom sugar and vanilla extract in a food processor or blender until all the ingredients are combined.

2. Spoon into a bowl and put in the freezer for at least 2 hours.

3. Serve with fresh strawberries.

Dessert

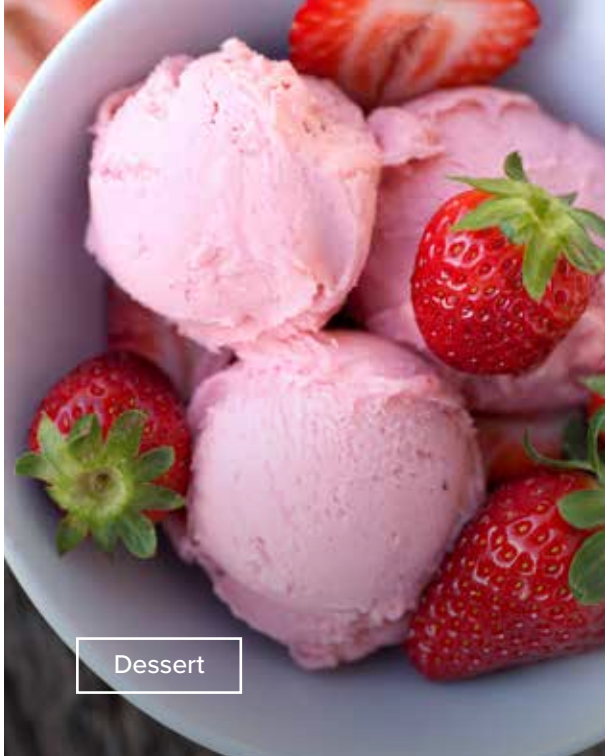### Ingredients

4 sticks of 50g Purasana creamed coconut mixed with 100 to 200 ml of water (depending on what you prefer)

450g of frozen strawberries
100g of Purasana coconut blossom sugar

15ml of vanilla extract
Fresh strawberries (for serving)

Hungry for more?
Find our delicious recipes on
www.purasana.be or in our book
Become A Super Food Chef.