



Ingredients

150 g mixed berries
1/2 frozen banana
3 tbsp almond cream
or fresh whipped cream
1 tbsp agave syrup
or coconut blossom sugar
2 tsp acai berry powder

Soft & creamy berry wonder

Preparation

1. Wash the berries and slice the frozen banana. Cover the berries with the almond cream or whipped cream.
2. Garnish with açaï berry powder and add agave syrup or coconut blossom sugar to taste.
3. This dish is full of antioxidants. In addition, the cream prevents you from feeling hungry quickly and the açaï berry powder helps you burn fat.
4. The frozen banana ensures that your homemade lunch remains deliciously cold and fresh.

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